

# Guatemala – an opportunity to help...

A key aspect of our mission trip is medical service. The Guatemalan Physician and Missionary that we will be working alongside is in continuous need of medical and ministry supplies. Below is a list of over the counter medical items that are needed (desired dosages are noted for some) as well as some children's supplies. If you would like to participate by donating any of the items below there will be a collection box in the class next week...

## Medical Supply Needs

<b><u>Analgesics</u></b>	<b><u>Needed</u></b>
Acetaminophen (Tylenol) 500mg tabs	5000 tabs
Aspirin 325mb tabs	4000 tabs
Children's Tylenol 80mg chew tabs	3000 tabs
Children's Tylenol Elixir 160mg/5ml	20 bottles
Tylenol Infant drops 80mg/0.8ml	75 bottles
<b><u>Antidiarrheals</u></b>	<b><u>Needed</u></b>
Immodium 2mg	200 tabs
Lomotil	1 bottle
<b><u>Antifungals</u></b>	<b><u>Needed</u></b>
Clotrimazole 1% vaginal cream w/applicator	30
Clotrimazole vaginal suppositories 100-200mg	50
<b><u>Topicals</u></b>	<b><u>Needed</u></b>
Neomycin/Bacitracin	30 tubes
Miconazole	75 tubes
Hemorrhoidal cream	10 tubes
Micotin/Lotrimin	20 tubes
Hydrocortisone cream 0.2%	20 tubes

<b><u>NSAIDS</u></b>	<b><u>Needed</u></b>
Ibuprofen (Motrin, Advil)	4000 tabs
Naproxen 375mg (Aleve)	1500 tabs
<b><u>Antiacids</u></b>	<b><u>Needed</u></b>
Pepcid 20mg	1500 tabs
Zantac 75mg	3000 tabs
Prilosec OTC 20mg	3000 tabs
<b><u>Antihistamines</u></b>	<b><u>Needed</u></b>
Diphenhydramine (Benedryl) 25mg	300 tabs
Pseudoephedrine cough syrup	25 bottles
Guaifenesen 600mg	500 tabs
<b><u>Vitamins</u></b>	<b><u>Needed</u></b>
Pre-natal	3000 tabs
Multivitamins (adult)	5000 tabs
Children's Chewable Multi Vitamins	6000 tabs
Folic Acid	3000 tabs
Calcium	3000 tabs
Ferrous Sulfate 325mg	3000 tabs

\*The quantities listed are "combined totals". Any amount, even a bottle, will be a great help!!

\*These items will be packed with us. In order to get them through customs there are a couple restrictions: all medications need to be in sealed containers and can not be expired.

## Children's Supplies

- Frisbees, Balloons, Bubble Blowing Toys
- Wooden Toys
- Baseball Caps
- Stickers
- Soccer Balls (deflated), Beach Balls
- Toothbrushes, Toothpaste (Travel size)
- Books (In Spanish)
- Finger Nail Polish, nail stickers
- Embroidery Floss (Bright Colors for Hair Decorations)
- Wrapped Candy

